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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>THE WATERFRONT ADULT DAY HEALTHCARE</p> <h2 style="text-align: center;">COME FOR THE CONVERSATION, STAY FOR THE CARE</h2>					<p>9:30 A.M. Daily Exercise class</p> <p><u>Mealtimes</u> 9:00 A.M. – Breakfast 12:00 P.M. - Lunch</p> <p>*All activities are subject to change</p>	<p>Parshas Bo 1</p> <p>“TRY TO BE A RAINBOW IN SOMEONE’S CLOUD”</p> <p>5:56 P.M.</p> 
<p>2</p> <p>10:30 A.M. Card Games 11:00 A.M. Yogurt Bar 1:00 P.M. Salon Spot</p> 	<p>3</p> <p>10:30 A.M. Science Fun 11:00 A.M. Salad Bar 1:00 P.M. Canvas Art</p> 	<p>4</p> <p>10:30 A.M. Wrap N’ Salads 11:00 A.M. Trip</p> 	<p>5</p> <p>10:30 A.M. Women’s Class 11:00 A.M. Soup Making 1:00 P.M. Jewelry Creations</p> 	<p>6</p> <p>10:30 A.M. Challah Baking 11:00 A.M. Dog Therapy 1:00 P.M. Soap Art</p> 	<p>7</p> <p>11:00 A.M. Flower Bouquets 11:30 A.M. Oneg Shabbos 1:00 P.M. Tehillim Group Candle Lighting 5:02 P.M.</p> 	<p>Parshas Beshalach 8</p> <p>“THE KEY TO SUCCESS IS TO FOCUS ON GOALS NOT OBSTACLES”</p> <p>6:04 P.M.</p> 
<p>9</p> <p>10:30 A.M. Mug Art 11:00 A.M. Zumba 1:00 P.M. Teatime</p> 	<p>10</p> <p>Tu B’Shvat 10:30 A.M. Paint Class 11:00 A.M. Tu B’Shvat Fruit Kabob 1:00 P.M. Nutrition with Tanya</p> 	<p>11</p> <p>10:30 A.M. Nail Art 11:00 A.M. Cookie Making 1:00 P.M. Hair Accessory Fun</p> 	<p>12</p> <p>10:30 A.M. Soup Making 11:00 A.M. Science Fun 1:00 P.M. Music with Shlomo</p> 	<p>13</p> <p>10:30 A.M. Challah Baking 11:00 A.M. Pet Therapy 1:00 P.M. Bingo</p> 	<p>14</p> <p>10:30 A.M. Kugel Making 11:00 A.M. Flower Bouquets 11:30 A.M. Oneg Shabbos Candle Lighting 5:10 P.M.</p> 	<p>Parshas Yisro 15</p> <p>“IF YOU DON'T KNOW WHAT YOU'RE LIVING FOR, YOU HAVEN'T YET LIVED”</p> <p>6:12 P.M.</p> 
<p>16</p> <p>10:30 A.M. Smoothie Bar 11:00 A.M. Clay Forming 1:00 P.M. Library Corner</p> 	<p>17</p> <p>10:30 A.M. Watercolor Art 11:00 A.M. Crinkle Cookies 1:00 P.M. Friends Game</p> 	<p>18</p> <p>10:30 A.M. Wood Working 11:00 A.M. Taco Tuesday 1:00 P.M. Bingo</p> 	<p>19</p> <p>10:30 A.M. Men’s Group 11:00 A.M. Trip</p> 	<p>20</p> <p>10:30 A.M. Challah Baking 11:00 A.M. Jewelry Making 1:00 P.M. Music with Linda</p> 	<p>21</p> <p>11:00 A.M. Flower Bouquets 11:30 A.M. Oneg Shabbos 11:45 A.M. Brachos Party Candle Lighting 5:19 P.M.</p> 	<p>Parshas Mishpatim 22</p> <p>“SUCCESS IS A JOURNEY NOT A DESTINATION”</p> <p>Shabbos Shekalim Mevorchim Hachodesh</p> <p>6:20 P.M.</p> 
<p>23</p> <p>10:30 A.M. Hot Cocoa Fun 11:00 A.M. Aroma Therapy 1:00 P.M. Lecture</p> 	<p>24</p> <p>10:30 A.M. Origami Shaping 11:00 A.M. Pizza Making 1:00 P.M. Learning About Yourself with Psychologist</p> 	<p>25</p> <p>Rosh Chodesh Adar Hallel Group 10:30 A.M. Make Up Fun 11:00 A.M. Sushi Making 1:00 P.M. Magic show</p> 	<p>26</p> <p>Rosh Chodesh Adar Hallel Group 10:30 A.M. Rosh Chodesh Class 11:00 A.M. Special Rosh Chodesh Luncheon & Program!</p> 	<p>27</p> <p>10:30 A.M. Challah Baking 11:00 A.M. Bingo 1:00 P.M. Albert on the Violin</p> 	<p>28</p> <p>10:30 A.M. Kugel Making 11:00 A.M. Flower Bouquets 11:30 A.M. Oneg Shabbos Purim Room Décor Candle Lighting 5:27 P.M.</p> 	<p>Parshas Terumah 29</p> <p>“THERE ARE NO PROBLEMS, ONLY OPPORTUNITIES FOR GROWTH.”</p> <p>6:27 P.M.</p> 